



TONIC LANKA



TRILLIUM® HOTELS

- COLOMBO 07 -

Body Massages:

USD

ASIAN TRADITION (Medium-to-strong)

48

Holistically combines the best of Indigenous, Indian, Chinese and Malay massage techniques for a soothing experience connecting you with the Asian tradition.

With essential oils of Black Pepper, Lemongrass, Bergamot, Cinnamon

60 minutes

BALINESE (Soft-to-medium)

48

A therapy of Indonesian healing methods to relieve strain of tired muscles and aching backs. Can be offered with stomach and breast massage (for ladies / optional)

With essential oils of Frangipani, Patchouli, Lavender, Geranium

60 minutes

CLASSIC (Soft-to-medium)

48

A classic Swedish rub, gentler than the Deep Tissue massage, for pure relaxation and to ease physical fatigue and tension.

With essential oils of Peppermint, Citrus, Rosemary, Lemongrass

60 minutes

DEEP TISSUE (Very strong)

48

Sustained pressure is applied with slow, firm strokes using thumbs and elbows to ease knots and relax deep muscle tension.

A whole-body therapy that focuses most on the shoulders and lower back

With essential oils of Rosemary, Patchouli, Lavender, Peppermint

60 minutes

Focused Treatments:

USD

HEAD & SHOULDER

25

A soothing treatment to reduce muscle pain and inflammation in the shoulders and ease away tension from the neck and head.

30 minutes

FOOT & LEG

28

A restorative treatment to improve circulation and reduce muscle stiffness and pain.

30 minutes

SPA Packages

TRILLIUM EXPERIENCE

88

An indulgent treatment combining a 1-hour full body massage with a cleansing ylang ylang salt scrub.

90 minutes

TRILLIUM TOP-TO-TOE

108

A true spa-break experience including a cleansing body scrub (30 minutes), full body massage (60 minutes) and relaxing mini facial (30 minutes).

120 minutes

For reservations

To make a reservation for a spa treatment please contact our team at the Front Desk

Please aim to arrive 10 minutes prior to your scheduled appointment.

All prices are shown in USD and are inclusive of service charges and applicable taxes

Other Treatments Available upon request:

USD

HIMALAYAN YLANG YLANG SALT SCRUB

48

A full-body scrub to leave your skin looking more youthful. Unclogs pores and regenerates skin cells for a smooth, glowing look.

30 minutes

EAR CANDLING

35

The process of ear candling can help with several things, one being relaxation. The gentle warmth and suction helps to reduce stress, which allows for a calmer mood overall.

30 minutes

MALAY STRENGTH

38

Malaysia's traditional hair treatment using coconut oil and rosemary essential oil with light massages on the scalp, neck and shoulders. A powerful treatment to relax the mind with rhythmical touch.

30 minutes

GUA SHA FACIAL

58

Gua Sha encourages collagen production (strength in cells). It sculpts and tones the face shape, allowing inflammation to drain and muscles to become free of tension. Cleanse scrub - mask.

60 minutes